

SINGLE PROCEDURES TO BUY UP ONLY WITH SELECTED PROGRAM:

Classical full body massage	676 CZK
Classical partial massage	338 CZK
Individual exercises in pool (L)	286 CZK
Reflexive massage (L)	442 CZK
Oxygenotherapy	338 CZK
Electro-aerosol inhalation	208 CZK
Ultrasound inhalation	208 CZK
Pearl bath, mineral bath	364 CZK
CO ₂ bath (L)	364 CZK
Underwater massage	468 CZK
CO ₂ dry bath (L)	364 CZK
Kneipp hydrotherapy	260 CZK
Gum irrigation	234 CZK
Mobilisation & manipulation (L)	416 CZK
Paraffin (L)	286 CZK
Foot sole reflex massage	728 CZK
Pneumopuncture (L)	338 CZK
Moor packs (L)	390 CZK
Electrotherapy (L)	234 CZK
Biolamp	160 CZK
Additional aromas for bath	78 CZK

* L - after consultation with physician

* Procedures can't be bought without booking a program, only upselling is possible.

DIAGNOSTICS AND MEDICAL TREATMENT:

Standard medical examination entry, control, exit	910 CZK
Electrocardiogram	468 CZK
Injection application	104 CZK
Medical prescription	104 CZK
Dressing of injury	104 CZK
Glycaemia examination	130 CZK

SEASONS

I	14.01. - 15.03. / 17.11. - 21.12.
II	16.03. - 20.04. / 12.05. - 31.07. / 13.10. - 16.11.
III	21.04. - 11.05. / 01.08. - 12.10. / 22.12. - 13.01.

Opening hours: Mo-Fr 7.30 am - 7.30 pm Sa-Su 8.30 am - 7.30 pm
Opening hours of reception: Mo-Fr 7.30 am - 6.00 pm Sa-Su 8.30 am - 6.00 pm

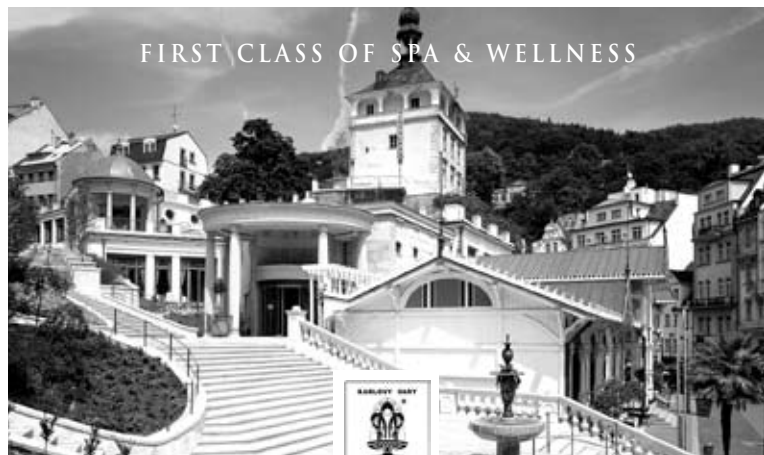
ZÁMECKÉ LÁZNĚ®
SPA & WELLNESS CENTRE

Zámecký Vrch, 360 01 Karlovy Vary
Tel.: +420 353 225 502

Reservation department:
Tel.: +420 352 539 206

www.zamecke-lazne.cz

ZÁMECKÉ LÁZNĚ®
SPA & WELLNESS CENTRE



FIRST CLASS OF SPA & WELLNESS

PRICELIST

ZÁMECKÉ LÁZNĚ		SEASON		
		I	II	III
PA	1 week of ambulatory treatment	4 550 CZK	5 460 CZK	5 850 CZK
medical examination + 5x program P 3 + 1x program P1				
PS	program „SUPERIOR AROMA“	1 670 CZK	1 930 CZK	2 030 CZK
4 hours (aroma massage 50 min. + pearl bath or thermomineral bath + 2 minor spa proc.)				
P4	program „SUPERIOR“	1 430 CZK	1 690 CZK	1 800 CZK
4 hours (classical full body massage 35-40 min. + pearl bath + 2 minor spa procedures)				
PR	program „AROMA“	1 230 CZK	1 430 CZK	1 560 CZK
3 hours (aroma massage 50 min. + 1 minor spa procedure)				
P3	program „CLASSIC“	910 CZK	1 100 CZK	1 250 CZK
3 hours (1 major + 2 minor spa procedures)				
P2	program „WELLNESS“	760 CZK	910 CZK	1 100 CZK
2 hours (1 major + 1 minor spa procedure)				
P1	program „RELAX“	500 CZK	650 CZK	840 CZK
1 hour at 7.30 a.m. (Sat+Sun 8.30 a.m.) and 6.00 p.m. (1 minor procedure)				
PF	program „FAMILY“	1 020 CZK	1 280 CZK	1 540 CZK
2 hours for 2 pers. at 2.00 p.m. (2 minor procedures per person)				
PW	program „WEEKEND“	1 280 CZK	1 540 CZK	1 770 CZK
2x 3 hour entry - Saturday + Sunday (2 major + 2 minor procedures in total)				

VALID FROM 01. 01. 2010

- ◆ All programs include the free use of the thermo-mineral swimming pool, the circulation massage shower and the Japanese acupressure pool.
- ◆ Also the bath towels and bathrobes are provided free of charge.
- ◆ 5% discount are provided for all guests staying at Hotel Carlsbad Plaza.
- ◆ Please bring along your swimsuit. We recommend you to bring along slippers also.
- ◆ The entrance is not permitted to pregnant women for health reasons.
- ◆ Entry into Castle Spa is allowed for children from 12 years with exception of program „FAMILY“.
- ◆ Entrance to children older than 3 years is allowed within the program „FAMILY“, sharing 1 cabin for 2 persons.

SPA PROCEDURES AVAILABLE WITHOUT NEED OF MEDICAL CONSULTATION:

MAJOR PROCEDURES	classical partial massage	15 min
	mineral water bath	15 min
	underwater massage	15 min
	pearl bath (with aroma essence at extra charge €3,-)	15 min
MINOR PROCEDURES	kneipp hydrotherapy	15 min
	oxygenotherapy	30 min
	ultrasound inhalation	15 min
	electro-aerosol inhalation	15 min
	gum irrigation	15 min

CHARACTERISTIC OF PROCEDURES WITHOUT NEED OF MEDICAL CONSULTATION:

■ PARTIAL / FULL BODY CLASSICAL MASSAGE (15/35 MIN.)

A classical massage has local effect (warming up, change of skin conditions) as well as general effects (aid for metabolism, influencing the muscular tonus).

Indication: diseases of the locomotor system, rheumatic diseases, post-traumatic conditions or neurological diseases

■ OXYGENOTHERAPY (30 MIN.)

The inhalation of air with added oxygen. Oxygen is transported through the bloodstream to all tissues and organs. It stimulates bio-chemical processes in the entire body on cellular level.

Indication: improves the activity of cerebral cells, heart vascular system and others

■ ELECTRO-AEROSOL INHALATION (15 MIN.)

Device generates mineral water of the castle spring into Aerosol which covers the air passages, enters the bronchial mucous membrane, anti-inflammatory effect.

Indication: diseases of respiratory tract

■ ULTRASOUND INHALATION (15 MIN.)

Combination of herbal mixtures in form of Aerosol, anti-inflammatory effect on air passages, improves humidity and helps to cough up.

Indication: diseases of respiratory tract

■ PEARL BATH/ AROMA BATH (15 MIN.)

Bath with soft massage effects. At Aromabath herbal essences are added to the bath.

Indication: blood flow of skin and lower skin and therefore washing away of the toxic substances

■ MINERAL BATH (15 MIN.)

Bath in 100% mineral water warms the body and has positive effects on blood circulation in the skin, for muscles and joints as well as psychologic relaxation.

Indication: degenerative diseases of joints and osteoporosis

■ UNDERWATER MASSAGE (15 MIN.)

For the massage the temperature of the water (34 to 37°C) and the kinetic energy of the water stream are used.

Indication: diseases of the locomotor system, rheumatic diseases or neurological diseases

BIOLAMP (10 MIN.)

Treatment of various dermal diseases, allergies, eczemas etc. through biostimulation with light.

Indication: children atopic dermatitis, treatment of acne, fastens healing of scars, sinusitis - inflammation of the sinuses

■ KNEIPP HYDROTHERAPY (15 MIN.)

Alternating hot and cool water react on biological active points located on the sole of foot.

Indication: positive effect on vessels, immune system and nervous system, better resistance of organism, stimulation of biological processes

■ GUM IRRIGATION (15 MIN.)

Karlovy Vary thermal water is used in water streams which are pouring through a mouthpiece over the gum. The inflammation of gums abates, bleeding stops and the condition of the gums improves after this cure.

Indication: parodontosis and other gum diseases

■ FOOT SOLE REFLEX MASSAGE

The massage applies acupressure moves focusing on the sole.

Indication: aid to establish inner balance of the organism, reduction of tightness, influencing the physical and psychological stress, alleviation of pain

CHARACTERISTIC OF PROCEDURES AFTER CONSULTATION WITH A PHYSICIAN:

■ INDIVIDUAL CURATIVE GYMNASTICS (15 MIN.)

Exercises under professional guidance of a physiotherapist.

Indication: suggested right motoric stereotype

■ REFLEXIVE MASSAGE (25 MIN.)

The reflexive massage is a manual treatment method. It treats bodyparts which are influenced by diseases of internal organs.

Indication: functional and chronic organic diseases of internal organs, post-traumatic and post-operative conditions

■ CO₂ BATH (15 MIN.)

Baths consisting of parts of Carlsbad mineral water and cold water enriched with dissolved natural CO₂ which penetrates through the skin into the bloodstream and causes strong vasodilatation (expansion of vessels).

Indication: high blood pressure

■ CO₂ DRY BATH (25 MIN.)

It has the same effect as the carbonated bath with water, but without the action of water hydrostatic pressure.

Indication: high blood pressure

■ MOBILISATION & MANIPULATION

Mobilisation technique uses a postzometric method for unblocking the traction of muscles, breathing exercises, muscle stretching and loosening. A specialists method, which is conducted by staff of rehabilitation after a consultation with doctor.

Indication: high blood pressure

■ PNEUMOPUNCTURE (5 MIN.)

Application of small amount of medical CO₂ into subcutis of acupuncture points.

Indication: arthrodynia, local blood circulation, convulsion relaxation

■ MOOR PACKS (20 MIN.)

Form of heat treatment which is accomplished by use of moor packs on the concerned body parts. It takes advantage not only of the thermal effect but also of the chemical contents.

Indications on local application of Moor packs are: spine diseases, progressive joint inflammation, conditions after fractures

■ ELECTROTHERAPY (5-15 MIN.)

Use of the curative effect of the electric energy in various forms. The forms of the electrotherapy differ in kind of frequencies and types of the current used.

Indication: diseases of locomotor system, circulatory disorders, disorders of muscle tension

■ PARAFFIN (20 MIN.)

Form of heat treatment under application of liquid paraffin on the concerned spots. Thermal effect and anticonvulsant.

Indication: diseases of the locomotor system